



SRIMANTA SANKARADEVA UNIVERSITY OF HEALTH SCIENCES

(A State University of Govt. of Assam)

2 Weeks FOUNDATION COURSE FOR THE MBBS PHASE-I BATCH 2026-27

THE ENTIRE TIME TABLE FOR MBBS PHASE-I BATCH 2026-27

Academic Break: 18th to 22nd October, 2026 and 25th December, 2026 to 3rd January, 2027

Date & Day	8AM-9AM	9AM-10AM	10AM-11AM	11AM-12PM	12PM-1PM	1PM-2PM	2PM-3PM	3PM-4PM
Day 1 8th September	FC 1A-1.2 Roles of an Indian Medical Graduate (Dr Biswajit Bora))		FC 1.1 Demonstrate understanding of the role of doctors in the society and their impact (Dr Jhonkar Hazarika))		Lunch	FC 1.7 Understanding of the overview of MBBS curriculum, its structure and outcomes and its relation to the career pathways Prof(Dr) Nitu Kumar Gogoi)	Sports/Extracurricular Activities (Dr Amit Mushahary, Dr Nathanael Sungte, Dr Sasanka Rabha, Dr Bhupen Basumatary)	
Day 2 9th September	FC 4.8 Understand the role of Yoga and meditation in personal health Prof(Dr) Dr Arpana Hazarika	FC 1.6 Discuss the various career pathways and opportunities for personal growth (Dr Tanushree	FC 2.6 Demonstrate appropriate response to needle stick Injuries Dr Kailash ThakuriaAnd team Microbiology		Lunch	FC 4.11 Understand the role of mentoring Dr Chandana Kakati		Sports/ Extracurricular Activities (Dr Amit Mushahary, Dr Nathanael Sungte, Dr Sasanka Rabha,



SRIMANTA SANKARADEVA UNIVERSITY OF HEALTH SCIENCES
(A State University of Govt. of Assam)

Date & Day	8AM-9AM	9AM-10AM	10AM-11AM	11AM-12PM	12PM-1PM	1PM-2PM	2PM-3PM	3PM-4PM
		Maitra)						Dr Bhupen Basumatary)
Day 3 10 th September	FC 4.12 Demonstrates understanding of the process of group learning and group dynamics Prof (Dr) Himamoni Deka		FC 4.15 Understand collaborative learning Reflective writing (Dr Akher Ali)		Lunch	FC 5.2 Demonstrate use of local language in patient and peer interactions Dr Karamchand Basumatary, Dr Gitartha Bordoloi		Sports/ Extracurricular Activities (Dr Amit Mushahary, Dr Nathanael Sungte, Dr Sasanka Rabha, Dr Bhupen Basumatary)
Day 4 11 th September	FC 4.1 Demonstrate understanding of the concept of Professionalism and ethics among health care professionals and discuss the consequences of unprofessional and unethical behaviour Dr Binoy Kr. Borah		Pandemic Module F.1 History of Outbreaks, Epidemics & Pandemics Prof(Dr) Daisi Mohan		Lunch	FC 2.7 Demonstrate Biomedical Waste segregation (BMW), observe and explain the process of management of BMW in accordance with National Regulations (Dr Priyanka Mukherjee)		Sports/ Extracurricular Activities (Dr Amit Mushahary, Dr Nathanael Sungte, Dr Sasanka Rabha, Dr Bhupen Basumatary)
Day 5 12 th September	FC 4.6 Demonstrate understanding and respect of cultural diversities and interact with those with different cultural values Dr Karamchand	Overview of the Public Health FC 3A-3.1 to 3.5,3b-3.6 Field visit to Community Health Centre FC 3.3 Demonstrate understanding of the health care systems in India with reference to primary, secondary and tertiary level care FC 3.4 Discuss the basic principles of community health and its impact on health and disease FC 3.5 Demonstrate understanding of the structure and			Lunch	FC 2.5 Demonstrate proper hand washing and use of personal protective equipment (Dr Anjan Sarma)	FC 1.3 Discuss and appreciate the expectations of the students from the Nation, society, Institution, peers, colleagues and patients and vice versa (Dr Mukut Kalita)	



SRIMANTA SANKARADEVA UNIVERSITY OF HEALTH SCIENCES
(A State University of Govt. of Assam)

Date & Day	8AM-9AM	9AM-10AM	10AM-11AM	11AM-12PM	12PM-1PM	1PM-2PM	2PM-3PM	3PM-4PM
	Basumatary	functioning of the community health center FC 3.6 Demonstrate ability to obtain patient experiences through patient and family interactions and relate these experiences to impact of environment and diseases. Dr Benudhar Nath						
Day 6 14th September	FC 3.1 Demonstrate understanding of the National Health Goals and Policies (Dr Asif Ahmed)	FC 2.4 Demonstrate handling and safe disposal of Biohazardous materials in a simulated environment (Dr Bulbul Roy)		FC 1.10 Demonstrate awareness of the History of Medicine and alternate systems of Medicine. (Dr Gitartha Bordoloi)	Lunch	FC 5.1 Demonstrate ability to communicate with patient and families, be aware of barriers to communication and appropriate ways to respond (Dr Linda Changsan)	Extracurricular Activities (Dr Raj Sircar, Dr Rituparna Das)	
Day 7 15th September	FC 1.8 Demonstrate understanding the role of physician at various levels of Health care delivery. Prof (Dr) Mir Alom Siddique)	FC 2.3 Follow bio-safety and universal precautions (Dr Priyanka Mukherjee)	FC 4.3 Discuss the value, honesty and respect during interaction with peers, seniors, faculty, other health care workers and patients Prof (Dr) Jagadish Basumatary		Lunch	Computer FC 5.4 Demonstrate basic computer skill. Use of information technology, and artificial intelligence (Dr Saiful Alam & Raj Sircar)		Sports (Dr Amit Mushahary, Dr Nathanael Sungte, Dr Sasanka Rabha, Dr Bhupen Basumatary)
Day 8	FC 2.8 Discuss the	FC 1.9 Discuss the	FC 5.1 Clinical Laboratory		Lunch	Language		



SRIMANTA SANKARADEVA UNIVERSITY OF HEALTH SCIENCES
(A State University of Govt. of Assam)

Date & Day	8AM-9AM	9AM-10AM	10AM-11AM	11AM-12PM	12PM-1PM	1PM-2PM	2PM-3PM	3PM-4PM
16 th September	Immunization requirements of Health care professionals (Dr Bhaskar Brahma)	principles of family practice Dr Nazrul Islam	Communication (Dr Jatin Deka)			FC 5.3 Demonstrate ability to communicate and learn in English Dr Kumar Sona Brahma	Extracurricular Activities (Dr Raj Sircar, Dr Rituparna Das)	
Day 9 17 th September	FC 4.4 Discuss the significance of working in a health care team FC 4.10 Demonstrate understanding of importance of interpersonal relationship while working in a health care team (Dr Ghanashyam Thakuria)	FC 2.1 Perform Basic Life support in Skills lab Prof(Dr) Jagadish Basumatary and team Anaesthesiology			Lunch	FC 3.2 Discuss the national health scenario, demographic, socio-cultural and epidemiological issues (Community Medicine)	Sports (Dr Amit Mushahary, Dr Nathanael Sungte, Dr Sasanka Rabha, Dr Bhupen Basumatary)	
Day 10 23 rd September	FC 4.5.1, 4.5.2, 4.5.3 Discuss disability competencies (ENT, Orthopaedics and Ophthalmology depts.)		FC 2.2 Perform First Aid in a simulated environment (Dr Rituparna Das)		Lunch	FC 5.5 Demonstrate ability for accessing online resources (Dr Saiful Alam)		Extracurricular Activities (Dr Rituparna Das, Dr Raj Sircar, Dr Asha Saikia)
Day 11 24 th September	FC 4.13 Comprehend the learning pedagogy and its role in learning skills	FC 2.9 Demonstrate awareness of significance of documentation in	FC 4.7 Discuss the significance and methods of stress management and	FC 4.9 Discuss the significance and appropriate ways of Time management	Lunch	FC 4.14 Demonstrates understanding of different methods of self-directed learning	FC 4.2 Demonstrate understanding that compassion, altruism, integrity,	Sports (Dr Amit Mushahary, Dr Nathanael Sungte, Dr Sasanka Rabha,

[illegible]



SRIMANTA SANKARADEVA UNIVERSITY OF HEALTH SCIENCES
(A State University of Govt. of Assam)

Sl No	Subjects/Contents	Teaching hours as per NMC
1	Orientation Module including History of Indian Medicine	15
2	Skills Module	15
3	Community orientation module	5
4	Professional Development and Ethics Module (P&E) including Mental health	20
5	Enhancement of Language and Computer Skills Module including clinico-laboratory communication	10
6	Sports and Extracurricular Activities	15
	Total	80 hours