



SRIMANTA SANKARADEVA UNIVERSITY OF HEALTH SCIENCES
(A State University of Govt. of Assam)
2 Weeks FOUNDATION COURSE FOR THE MBBS PHASE-I BATCH 2026-27

THE ENTIRE TIME TABLE FOR MBBS PHASE-I BATCH 2026-27

Academic Break: 18th to 22nd October, 2026 and 25th December, 2026 to 3rd January, 2027

Date & Day	8AM-9AM	9AM-10AM	10AM-11AM	11AM-12PM	12PM-1PM	1PM-2PM	2PM-3PM	3PM-4PM
Day 1 15th September		Flag Hosting (University and College Flag)	1.ORIENTATION and OATH Taking Program 2. FC 1A Welcome and introduction by the Principal, Vice Principal, Superintendent, Staff President & HODs 3. Vision / Mission of the Institution 4. FC 1A-1.5 Introduction to Faculty/ Mentors 5. FC 1.4 Understanding of the rules and regulations of the institution. 6. Hostel stay and Anti- ragging Policy		Lunch	Parent- Teachers meet	FC 1A-1.5 Department visits to Anatomy, Physiology, Biochemistry & Community Medicine	FC 1A-1.5 Department visits to Phase 2 & 3 Departments and Walk through the college and hospital including all the departments, lecture halls, common rooms, administrative blocks, library, auditorium etc
Day 2 16th September	FC 1A-1.2 Roles of an Indian Medical Graduate (Dr Biswajit Bora))		FC 1.1 Demonstrate understanding of the role of doctors in the society and their impact (Dr Jhonkar Hazarika))		Lunch	FC 1.7 Understanding of the overview of MBBS curriculum, its structure and outcomes and its relation to the career	Sports/Extracurricular Activities (Dr Amit Mushahary, Dr Nathanael Sungte, Dr Sasanka Rabha, Dr Bhupen Basumatary)	



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Date & Day	8AM-9AM	9AM-10AM	10AM-11AM	11AM-12PM	12PM-1PM	1PM-2PM	2PM-3PM	3PM-4PM
						pathways Prof(Dr) Nitu Kumar Gogoi)		
Day 3 17th September	FC 4.8 Understand the role of Yoga and meditation in personal health Prof(Dr) Dr Arpana Hazarika	FC 1.6 Discuss the various career pathways and opportunities for personal growth (Dr Tanushree Maitra)	FC 2.6 Demonstrate appropriate response to needle stick Injuries Dr Kailash Thakuria And team Microbiology		Lunch	FC 4.11 Understand the role of mentoring Dr Chandana Kakati		Sports/ Extracurricular Activities (Dr Amit Mushahary, Dr Nathanael Sungte, Dr Sasanka Rabha, Dr Bhupen Basumatary)
Day 4 18th September	Yoga	FC 4.1 Demonstrate understanding of the concept of Professionalism and ethics among health care professionals and discuss the consequences of Unprofessional and unethical behavior Dr Binoy Kr. Borah		Pandemic Module1.1 Infection control practice (Microbiology Department)	Lunch	FC 5.2 Demonstrate use of local language in patient and peer interactions Dr Karamchand Basumatary, Dr Gitartha Bordoloi		FC 3.1 Demonstrate understanding of the National Health Goals and Policies (Dr Asif Ahmed)
Day 5 19th September	Yoga	FC 4.12 Demonstrates understanding of the process of group learning and group dynamics Prof (Dr.) Himamoni Deka		FC 4.13 Comprehend the learning pedagogy and its role in learning skills	Lunch	FC 2.7 Demonstrate Biomedical Waste segregation (BMW), observe and explain the process of management of BMW in accordance with National Regulations (Dr Priyanka Mukherjee)		Sports/ Extracurricular Activities (Dr Amit Mushahary, Dr



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				(Dr Anupam Das)				Nathanael Sungte, Dr Sasanka Rabha, Dr Bhupen Basumatary)
Day 6 23rd September	FC 4.6 Demonstrate understanding and respect of cultural diversities and interact with those with different cultural values Dr Karamchand Basumatary	Overview of the Public Health FC 3A-3.1 to 3.5,3b-3.6 Field visit to Community Health Centre FC 3.4 Discuss the basic principles of community health and its impact on health and disease FC 3.5 Demonstrate understanding of the structure and functioning of the community health center FC 3.6 Demonstrate ability to obtain patient experiences through patient and family interactions and relate these experiences to impact of environment and diseases. Dr Benudhar Nath			Lunch	FC 2.5 Demonstrate proper hand washing and use of personal protective equipment. (Microbiology Department)	FC 1.3 Discuss and appreciate the expectations of the students from the Nation, society, Institution, peers, colleagues and patients and vice versa (Dr Mukut Kalita)	
Day 7 24th September	FC 3.3 Demonstrate understanding of the health care systems in India with reference to primary, secondary and tertiary level care Dr Benudhar Nath	FC 2.4 Demonstrate handling and safe disposal of Biohazardous materials in a simulated environment (Microbiology Department)		FC 1.10 Demonstrate awareness of the History of Medicine and alternate systems of Medicine. (Dr Gitartha Bordoloi)	Lunch	FC 5.1 Demonstrate ability to communicate with patient and families, be aware of barriers to communication and appropriate ways to respond (Dr Linda Changsan)	Extracurricular Activities (Dr Raj Sircar, Dr Rituparna Das)	



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Day 8 25th September	FC 1.8 Demonstrate understanding the role of physician at various levels of Health care delivery. Prof (Dr) Mir Alom Siddique)	FC 2.3 Follow bio-safety and universal precautions (Dr Priyanka Mukherjee)	FC 4.3 Discuss the value, honesty and respect during interaction with peers, seniors, faculty, other health care workers and patients Prof (Dr) Jagadish Basumatary		Lunch	Computer FC 5.4 Demonstrate basic computer skill. Use of information technology, and artificial intelligence (Dr Saiful Alam & Raj Sircar)		Sports (Dr Amit Mushahary, Dr Nathanael Sungte, Dr Sasanka Rabha, Dr Bhupen Basumatary)
Day 9 26th September	FC 2.8 Discuss the Immunization requirements of Health care professionals (Dr Bhaskar Brahma)	FC 1.9 Discuss the principles of family practice Dr Nazrul Islam	FC 5.1 Clinical Laboratory Communication (Dr Jatin Deka)		Lunch	Language FC 5.3 Demonstrate ability to communicate and learn in English Dr Kumar Sona Brahma	Extracurricular Activities (Dr Raj Sircar, Dr Rituparna Das)	
Day 10 28th September	FC 4.4 Discuss the significance of working in a health care team FC 4.10 Demonstrate understanding of importance of interpersonal relationship while working in a health care team (Dr Ghanashyam	FC 2.1 Perform Basic Life support in Skills lab Prof(Dr) Jagadish Basumatary and team Anaesthesiology			Lunch	FC 3.2 Discuss the national health scenario, demographic, socio-cultural and epidemiological issues (Community Medicine)	Sports (Dr Amit Mushahary, Dr Nathanael Sungte, Dr Sasanka Rabha, Dr Bhupen Basumatary)	



Freshmen Social for newly admitted Phase I (MBBS) Students



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Sl No	Subjects/Contents	Teaching hours as per NMC
1	Orientation Module including History of Indian Medicine	15
2	Skills Module	15
3	Community orientation module	5
4	Professional Development and Ethics Module (P&E) including Mental health	20
5	Enhancement of Language and Computer Skills Module including clinico-laboratory communication	10
6	Sports and Extracurricular Activities	15
	Total	80 hours